

Welcome to Week 4 of The 2017 Lenten Positive Acts Challenge!

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*"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven" - Matthew 5:16*

Dear Bill,

Welcome to the 4th week of Lent... and the 4th week of the Lenten Positive Acts Challenge!

We're so glad you decided to take this Lenten Journey with us!

These 47 days could improve the rest of your year.

If you haven't visited the website recently, please do so every now and then. You can even visit on your phone or tablet.

There are now 1,480 people performing Lenten Positive Acts in 31 Countries, and in 46 States of the U.S.!!

Such a diverse group of people and locations...all with something powerful in common: *The desire to praise God...help people...and make the world a little bit better.* All at the same time!

If you've completed your recommended number of daily Lenten Positive Acts, you have at least **40** so far. As a group, we've performed over **59,000!**

Starting Monday, March 20th, we increase the daily requirement to 4.

If you need some help with ideas for Positive Acts, please visit "[I Need Ideas](#)".

If you'd like additional help in identifying opportunities for Positive Acts, or if you have any questions, please send us an email at [info@LentenPositiveActs.com](mailto:info@LentenPositiveActs.com) - we'll be happy to help you.

Please visit the "[Track My Positive Acts](#)" page - to download a chart for tracking your Positive Acts. You can print it, or use it on your computer or phone.



Thanks for the comments you've been giving us. We appreciate your thoughts,

and love to hear how The Challenge is going for you.

If you have comments, please let us know - post them on the website, or send them to [info@LentenPositiveActs.com](mailto:info@LentenPositiveActs.com)

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This week, we have some inspirational *positive act* stories from 2 of our Challengers.

Robert's Dad is in an assisted living home. He visits him often, and notices that some of the other people living there don't get many (if any) visitors. Robert chats with his Father's friends during the visits, and they enjoy the conversations and the attention.

A woman at the home believes that Robert is her brother Anthony. So, when Robert visits his Dad – the woman greets him as “Anthony”... takes him by the arm... and leads him to a seat where they can chat, and catch up on what's new since his last visit. He sees the joy it brings her when she visits with her "brother"... so he considers himself blessed to be a part of it.

In fact, some of the Nurses at the home jokingly refer to Robert as “Anthony” when they see him.

By going along with being “Anthony” for a brief time during his visits, Robert is bringing happiness, love, and hope into the life of that woman. At the same time, it has a positive impact on Robert as well.

In addition, he's an inspiration to her friends at the home, and the people

working there – who know that he’s not really Anthony... and yet, he chooses to brighten this woman’s day and her life with his time and attention. Without realizing it, he’s allowing Jesus to work *through* him.

Dave’s Mother is also in an assisted living home. And Dave finds a similar situation on his visits – that some of his Mother’s friends don’t get many (if any) visitors.

So, before Dave visited his Mother on Valentine’s Day, he bought Valentine’s cards for his Mother’s friends at the home. He wrote out each card with a message personalized to each woman, and gave them out on his visit. They were touched by his thoughtfulness and generosity... and it meant a lot to them. However, Dave didn’t realize just how much.

In fact, when his Mother called him about a week later, Dave was concerned that something was wrong. He asked “Is everything OK?”. And his Mother replied “Yes. I just wanted to thank you again for your visit, and for bringing the cards for my friends. It’s been over a week since Valentine’s day... and they’re still talking about how nice it was!”

Wow! Dave’s heart must have warmed up when he heard that. He didn’t realize it would have that much of a positive impact on those women. At a time when they may have been feeling a little sad and lonely... a kind act by someone they don’t really know brought some happiness and hope into their lives. And it felt really nice. For both the women... and for Dave.

While our website has a list of *specific ideas* for positive acts... these positive act experiences of Robert and Dave give us something else to consider: a *mindset* to apply to our Lenten Positive Acts Challenge. It involves the phrase

*“What Would Jesus Do?”.*

Many of us have seen “WWJD” on shirts, signs, etc. Basically, when we’re faced with a decision... or an opportunity to help someone... it’s a great idea to ask ourselves “What would Jesus do” in this situation?. Although none of us can always do what Jesus would do, there *are* situations in which we can. And, if we *do* - it will not only help that *other* person... it will help *us* as well. And, chances are, it will make *Jesus smile*.

My mother-in-law has a keychain with “WWJD” on it, and whenever I open her front door with it – it reinforces the concept in my mind, and helps remind me to ask myself that question whenever I can. So, without realizing it, she’s been helping with *The Lenten Positive Acts Challenge* – by handing me her keychain, and asking me to open the door. I’ll have to thank her the next time I see her. :)

Thank you, Robert and Dave – for bringing your positive acts into the lives of others... for sharing your stories with us... and for inspiring us to adopt the “WWJD” mindset as we continue to look for opportunities to help others!

If *you* have a story about a “positive act” experience (that you, or someone else, performed... or that was done for you) that you’d like to share with us, please let us know. We’d love to hear them!

*“Success isn’t just about what you accomplish in your life...  
It’s what you inspire others to do” - Anonymous*

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**Today's Question:**

Q. What if I'm unable to get out of the house during the day, and I'm having trouble keeping up with the daily quota of positive acts?

A. That's a great question, and we hear similar questions often – especially as we get in to the later weeks of The Challenge. If you visit the "[I need ideas](#)" page on our website, there are some good ideas for positive acts that can be performed in that situation. Two that we recommend are phone calls and prayers:

1. Call someone, who you haven't spoken with recently, someone going through a tough time, going for a medical test/procedure, etc
2. Visit the "[I need a prayer](#)" page on our website – and say some prayers for the requests listed there. A prayer is a *powerful* positive act, and it can be performed by anyone... anywhere... at any time.

**Today's Tip:**

As we get further into The Challenge, it helps to track your positive acts - either online, or on a printed chart.

On the "[Track my positive acts](#)" page, use the ***Lenten Positive Act Tracker*** spreadsheet. There are now multiple tabs included. Click on the tab for the week you started.

**Today's Song:**

When you get a chance, listen to the song *With Every Act of Love* - by Jason Gray.

It contains the lyrics:

*"God put a million, million doors in the world*

*For His love to walk through*

*One of those doors is you*

*...*

*Jesus, help us carry You*

*Alive in us, Your light shines through*

*With every act of love*

*We bring the kingdom come"*

By participating in The Lenten Positive Acts Challenge - actively seeking opportunities to help others... and bring more positivity into the world... *you're allowing God's love to walk through you - and with every positive act, you bring the kingdom come!*

Please keep this in mind as you look for opportunities for Positive Acts this week. :)

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Until next time...

Have a Blessed Week!

God Bless You!

Sincerely,

Lenten Positive Acts

[www.LentenPositiveActs.com](http://www.LentenPositiveActs.com)



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You are receiving this mail because you opted in to participate in the 2016 Lenten Positive Acts Challenge.

We're so glad you joined us!

**Our mailing address is:**

Lenten Positive Acts

PO Box 647

Pennington, NJ 08534

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